

OFFICE OF THE PRINCIPAL RAJIV GANDHI GOVT. COLLEGE SAHA, AMBALA

ANNUAL ACTIVITY REPORT OF NSS UNIT 2021-22

1. **Covid-19 Intensive Awareness Programme:** - 01 July 2021 to 31st July 2021 Covid-19 Intensive Awareness Programme was organized by NSS Unit in various villages such as in Saha Village and Dhakola Village. The aim of this programme was to aware people about importance of wearing mask, social distancing and process of sanitization. The villagers were also sensitized about significance of cleanliness. Masks were also distributed to encourage people.
2. **Tree plantation:** - Van Mahotsav Month was organized and celebrated in Rajiv Gandhi Govt. College Saha from 1st July to 30th July 2021 by NSS Unit. In the programme teachers, NSS Volunteers and other students of college planted more than hundred plants in Saha village and in their own surroundings. Few plants were also distributed to the willing people in villages.
3. **Water Conservation Programme:-** Jal Shakti Abhiyan was carried out to sensitize NSS volunteers and other students of college about scarcity and importance of conservation of water so that they can aware people in their surroundings. The following activities were carried out as part of Programme:-
 - (i) Pledge Ceremony
 - (ii) Awareness lecture on Water Conservation
4. **Fit India Freedom Run 2.0:-** Seven Day Run Programme was carried to sensitize teachers and students to maintain fitness.
5. **Swachchata Pakhwara (Cleanliness Fortnight):-** Swachchata Pakhwara was organized in the college from 01 August 2021 to 15 August 2021. The following activities were carried out:-
 - (i) Tree Plantation
 - (ii) Cleanliness Awareness Program
 - (iii) Cleanliness Drive in College
 - (iv) Covid-19 Vaccine Awareness Programme
6. **Independence Day Celebration:-** NSS Volunteers actively participated in organizing and took part in cultural program in the celebration of Independence Day in college campus on 15 August 2021.
7. **One Day NSS Camp:-** One Day NSS Camp was organized in college campus under Azadi ka Amrut Mahotsava. The NSS volunteers carried out cleanliness drive in the college during one day camp.

8. **Covid Vaccination Camp:-** Two days Covid Vaccination Camp was organized in the college campus 27-28 August 2021. NSS volunteers performed various duties assigned besides getting themselves vaccinated.

9. **Covid-19 Awareness Campaign:-** Covid-19 campaign through social media and physically was carried out. Masks were distributed among villagers and migrants, labor workers.

10. **National Nutrition Month:** National Nutrition month was celebrated from 01 Sep.2020 to 30 Sep.2020. Nutrition Awareness programmes were carried out in college campus as well as through social media about nutrition issues, obesity & eating disorder other nutrition related issues.

Sl No	Activities	Dates
(i)	Tree Plantation Drive in the college to build a Poshan Vatika	1-7 September 2021
(ii)	Yoga and Ayush for Nutrition (Special Awareness Camp of prevention of Anaemia among women)	8-14 September 2021
(iii)	Awareness Drive on Nutritious food for pregnant women	15-21 September 2021
(iv)	Awareness Campaign on importance of regional/ local food	22-27 September 2021
(v)	Walk for health	28-30 September 2021

11. **Anemia Camp for Girls Students:** - An anemia camp was organized in college camps on 18 September 2021 with the help of Primary Health Centre Saha. Above 100 girls volunteered for check up. Nutritious fruits and recommended medical supplements were distributed.

12. **Health Awareness Camp:** A Health Awareness Camp was organized with the help of Women and Child Development Centre Saha Ambala on 20 September 2021 under Azadi ka Amrit Mahotsava. WCDPO representatives gave lectures on the topic nutritious food for girls as well as for pregnant ladies.

13. **Celebration of NSS Day:-** NSS day was celebrated in Multipurpose Hall of the college on 24 September 2021. Various programmes were organized during celebration:

- (i) A lecture on Role of Youth in Nation Building
- (ii) Slogan writing on Suposhit Bharat
- (iii) A lecture on the aims and objectives of NSS

14. **Communal Harmony Day:** Communal Harmony Day was celebrated in our college on 30 October 2021. A pledge ceremony was organized.

9 **National Unity Day:** - National Unity Day was celebrated in the college on dated 31 October 2021 through online mode.

15. **Constitution Day Celebration:** - The constitution day was celebrated on dated 26 Nov. 2021. A lecture was organized on this topic. Our principal addressed the volunteers about the importance constitution and the role of Dr. Ambedkar in preparing Indian Constitution.

16. **AIDS World AIDS Day Fortnight:** - NSS Unit and Red Cross Club of this college are organizing World AIDS Day Fortnight activities 1st to 15 December 2021.

(i) Awareness Lecture and Discussion on HIV(AIDS), TB and VBD was carried out by Dr Vikas SMO with volunteers of NSS Unit, Red Cross Club and other students of the college.

(ii) A poster making competition was organized on Awareness on HIV(AIDS) on 13 December 2021.

17. **One Day NSS Camp:-** One Day NSS Camp was organized on 04 December 2021 prior to *Antyodaya Mela* organized by District Administration, Ambala in the college campus on 06 - 07 December 2021. Cleanliness drive was carried out in college along with motivating people to come and gain knowledge about *Antyodaya* Schemes.

18 **National Road Safety Week:** - Organized and celebrated Road Safety Week in the college and awareness programme was organized from 11 January 2022 to 17 January 2022.

(i) Awareness related to Helmet.

(ii) Awareness about don't drink and drive.

(iii) Drawing competition on Road Safety

19 **National Youth Day:** - On the occasion of birth anniversary of Swami Vivekanand, National Youth Day was celebrated on in the college. Sh. Satpal Singh, the Principal of the college was the chief guest. He motivated the students that we should take inspiration from Swami Vivekarranda ji. One should have strong burning desire and goal in his/her life.

20 **National Girl Child Day** was celebrated on 24 January 2022 and awareness campaign was organized in Saha Village.

21 **National Voter Day:** National Voters Day was celebrated in our college on 25 January 2022. A Lecture was organized on the "National Voters Day", Responsibilities of Youth as Voters. Principal of the college, Prof. Satpal Singh motivated the students to cast their vote in

every election. It is moral duty of citizens to participate in electoral process to strengthen democracy in our country. NSS Programme Officer highlighted the key points related to voters' responsibilities. There is need to cast our vote in every election fearlessly and without being influenced by considerations of religion, caste, race, community etc. Every responsible citizen of this country needs to become an alert voter. Now it's Youth's duty to follow constitutional values and spread awareness among people. Voters' day Pledge was also organized. Dr. Sukhbir read out the pledge. NSS volunteers, other students and teachers took the pledge. Main aim of this celebration was to spread awareness among students and general public and to promote electoral participation.

22 Celebration of Republic Day: - Republic day was celebrated in our college on 26 January 2022 with patriotic fervour. A cleanliness drive of one day was organized in the college. NSS volunteers active participation in cultural and organizing activities during Republic Day Celebration.

23 National Martyr Day: - NSS unit of the college observed National Martyr Day on 30 January 2022 in the memory of the martyrs who scarified their lives in the freedom struggle of the nation, a two-minute silence was observed. The following Lectures were delivered:-

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| (i) | Remembering the Heroes of Freedom Struggle | Sh. Sunil Kumar |
| (ii) | Importance of National Unity and Integrity | Dr Sukhbir Singh |
| (iii) | Role of Youth in enhancing National Unity
And Integrity | Sh. Ranbir Singh |
| (iv) | Address of Worthy Principal | Sh. Satpal Singh |

24 Anti- Tobacco Drive: - Rajiv Gandhi Govt College Saha, Ambala is a tobacco free zone. The institution abides by all the guidelines issued by the Government and takes all necessary steps to warn/aware about ill effects of tobacco. Anti-Tobacco Drive was organized to spread awareness among students and people of Saha about health hazards of tobacco.

25. Seven Days Special Camp:- Seven Days Special Camp was organized in Village Saha from 09 February 2020 to 15 February 2022. In this Special camp village Saha was adopted. In inaugural session chief guests were Dr. Vikas SMO, PHC Saha, renowned journalist Sh. Jagmohan Chotani. They praised the entire NSS Unit for their active participation and contribution for social change. Many cleanliness drives were organized in this village. Awareness campaign on various topics such as Beti Bachao Beti Padhao, Swachh Bharat, Aids Awareness and Digital India were organized during this camp. First Aid and Home Nursing Training lectures by Professionals were also conducted for volunteers' better learning. It was a day and night camp so Volunteers along with NSS Programme officer stayed in the college. In closing ceremony Dr. Gurudev Singh Dev, Assistant Professor of Govt College Ambala was the

main speaker who highlighted the motto of NSS and the role of youth in 21st century and he also talks about scientific temperament.

26. Annual Sports Meet: - Annual Sports Meet was held in the college on 21 February 2022. NSS volunteers performed various organizing duties assigned to them and also participated in various events enthusiastically.

27. Participation of NSS Volunteers in State University Level Camp:- Five Female and three male NSS Volunteers of the college participated in University Level Seven Day & Night Camp at SA Jain College Ambala City from 24.03.2022 to 30.03.2022. NSS Volunteer Ms Neha Rani and Ms Jyoti won first prize in Skit on Culture of Haryana and Group Dance Respectively.

28. Participation of NSS Volunteers in National Integration Camp:- Two Female and one male NSS Volunteer of the college participated in National Integration Camp held at Maharishi Markandeshwar University, Mullana, Ambala from 22.03.2022 TO 28.03.2022.

29. Observance of Anti-Terrorism Day:- NSS Unit of the college and Dept of Political Science organized programme of Anti-Terrorism Day on 21 May 2022 as per the schedule of Day/Week observed by National Service Scheme.

The following activities were conducted:-

Sl. No	Name of Activity	Conducted by
1	Short Introduction Terrorism	Sh. Sanjay Kumar
2	Speech Competition	Participants
3	Lecture on How to combat Terrorism	Sh. Ranbir Singh
4.	Prize Distribution to Winners	By Worthy Principal

30. World Cycle Day:- NSS Unit of the college and Department of Sanskrit celebrated World Cycle Day on 03 June 2022. A cycle rally was carried out from our college to Saha Village to make people aware about the use of cycle for short distance commutation. Poster Making Competition was held in college.

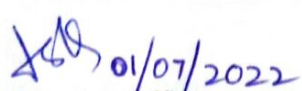
31. Beti Bachao Beti Padhao Abhiyan:- An Awareness rally was carried out in Saha Village to make people aware about the importance of Beti Bachao Beti Padhao. A lecture series was organized in college for sensitizing the students. The students participated in speech completion and slogan writing competition. The college NSS Unit is committed to include the theme of Beti Bachao Beti Padhao comprehensively in forthcoming events.

32. **Action Plan for International Yoga Day:-** NSS Unit and Department Health & Physical Education organized a Two Day Yoga Training Camp on 10 & 11 June 2022 in college campus in collaboration with Block Development and Panchayat Office Saha.

33. **International Yoga Day:-** NSS Unit of the college celebrated International Yoga Day on 21 June 2022 in college campus. A Programme was organized for performing yoga in collaboration with BDPO office Saha and Department of AYUSH.

34. **Word Drugs Day:-** Word Drugs Day 2022 was observed by NSS Unit of the college. The following activities were carried out in this college from 17 June 2022 to 27 June 2022.

Sl No	Name of Activity
1.	Slogan Writing Competition on " <i>Nashe se Azadi</i> "
2.	Essay Writing Competition on " <i>Nashe ke Dushprabhav</i> "
3.	Pledge Ceremony was conducted in college campus on the occasion of International Yoga Day.
4.	Awareness Drive was conducted by NSS Unit of the college about drug abuse, Nasha Mukti during Antodaya Mela at BDPO office Saha on 23,24 and 27 June 2022.
5	A Rally was organized to aware the local people of Village Saha
6	A Lecture was organized on the " <i>Nashe Se Azadi Avam Bachav</i> ". NSS Programme Officer gave detailed lecture for awareness of the students regarding ill effects of drugs and how they avoid various temptations of drugs. Principal of the college, Prof. Satpal Singh elaborated how the students can save themselves and their known from drugs.


NSS Programme Officer


Principal
Rajiv Gandhi Govt. College
Saha(Ambala)