

LESSON PLAN (session 2026-27)

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 1st semester
Subject: Psychology

AUGUST 2026

1st & 2nd week: Introduction: Nature and Scope of Psychology; Psychology as a Science and Present Status

3rd & 4th week: Psychology in India. Methods to Study Behaviour: Interview, Case study and Experimental.

SEPTEMBER 2026

1st & 2nd week: Sensation: Nature, Characteristics and Types Structure and Functions of Visual and Auditory sensation

3rd & 4th week: Attention: Nature and Characteristics. Emotion: Nature, Factors Affecting and Theories: James Lange

OCTOBER 2026

1st & 2nd week: Theories of emotion: Cannon- Bard and Schachter-Singer. Motivation: Needs, Drives, Incentives

3rd & 4th week: Biological and Social Motives.

NOVEMBER 2026

1st & 2nd week: Personality: Nature, Factors Affecting and Theories: Allport, Cattell and Eysenck.

3rd & 4th week: Intelligence: Nature, Factors Affecting and Theories: Spearman, Thurstone, and Cattell.

DECEMBER 2026

1st week: Revision

Dr. Reema Bansal
Assistant Professor (Psychology)
RGGC Saha (Ambala)

PRINCIPAL
Principal
Rajiv Gandhi Govt. College, Saha
(Ambala)
Rajiv Gandhi Govt. Col
Saha (Ambala)