

LESSON PLAN (session 2025-26)

Name of the Assistant Professor: Dr. Reema Bansal

Class: BA 1st semester

Subject: Psychology

JULY 2025

22nd July onwards: Introduction: Nature and Scope of Psychology; Psychology as a Science and Present Status

AUGUST 2025

1st & 2nd week: Psychology in India. Methods to Study Behaviour: Interview, Case study and Experimental.

3rd & 4th week: Sensation: Nature, Characteristics and Types Structure and Functions of Visual and Auditory sensation

SEPTEMBER 2025

1st & 2nd week: Attention: Nature and Characteristics. Emotion: Nature, Factors Affecting and Theories: James Lange

3rd & 4th week: Theories of emotion: Cannon- Bard and Schachter-Singer. Motivation: Needs, Drives, Incentives

OCTOBER 2025

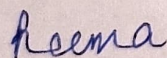
1st & 2nd week: Biological and Social Motives.

3rd & 4th week: Personality: Nature, Factors Affecting and Theories: Allport, Cattell and Eysenck.

NOVEMBER 2025

1st & 2nd week: Intelligence: Nature, Factors Affecting and Theories: Spearman, Thurstone, and Cattell.

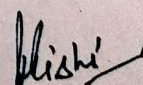
3rd week: Revision



Dr. Reema Bansal

Assistant Professor (Psychology)

RGGC Saha (Ambala)



Principal PRINCIPAL

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LESSON PLAN (session 2025-26)

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 3rd semester
Subject: Psychology

JULY 2025

22nd July onwards: Experimental Psychology: Nature and Historical Development.
Experimental Method.

AUGUST 2025

1st & 2nd week: Perception: Nature and Characteristics. Perception of Form, Depth and Movement.

3rd & 4th week: Psychophysics: Nature, Concept of Continuum, and Problems.

SEPTEMBER 2025

1st & 2nd week: Methods of Classical Psychophysics: Method of Limits, Constant Stimuli and Average Error.

3rd & 4th week: Learning: Definition, Factors Affecting. Theories of Learning: Trial and Error

OCTOBER 2025

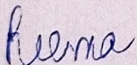
1st & 2nd week: Insight and Classical Conditioning. Memory: Process and Types, Methods to Study Memory.

3rd & 4th week: Thinking: Nature and Types. Problem Solving: Nature and Stages of Problem Solving.

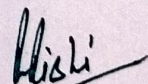
NOVEMBER 2025

1st & 2nd week: Verbal Learning: Nature, Material, Method and Organizational Processes

3rd week: Revision



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LESSON PLAN (session 2025-26)

Name of the Assistant Professor: Dr. Reema Bansal

Class: BA 5th semester

Subject: Psychology

JULY 2025

22nd July onwards: Psychological Testing : Nature, Historical Background, Characteristics of a good psychological test, limitations and Uses of Psychological Tests.

AUGUST 2025

1st & 2nd week: Reliability: Meaning, Methods of Estimating Reliability. Factor affecting Reliability. Validity: Meaning, Types of validity,

3rd & 4th week: Factors affecting validity. Norms : Meaning, Norms and Types.

SEPTEMBER 2025

1st & 2nd week: Test Construction: Steps of test construction Intelligence Testing : Meaning, Historical Development, uses of Intelligence Tests,

3rd & 4th week: Types of Intelligence Tests. Pass Along Test, Raven's Progressive Matrices, General Mental Ability Test.

OCTOBER 2025

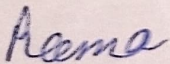
1st & 2nd week: Assessment of Personality: Projective Tests – Meaning, Characteristics and limitations. Word Association Test, Thematic Apperception test.

3rd & 4th week: Personality Inventories-, Cattell's 16 Personality factors Questionnaire, NEO Personality Inventory

NOVEMBER 2025

1st & 2nd week: Measurement: Meaning, Level of measurement.

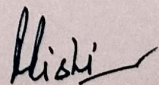
3rd week: Revision



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