

Proposed Co-Curriculum activity Plan
Deptt. of Physical Education
R.G.G.C. Saha
Session: -2024-25

All the Students of the Subject of Physical Education (B.A I, III & V Sem.) and Value-Added Course- III semester are hereby informed that the following co-curriculum activities are to be organized in the College during the session.

Sr.no	Proposed co-curriculum activities	To be organized in the month
1	Power point presentations	August 2024
2	Quiz contests	Sept.2024
3	Debate/talks	Oct.2024
4	Extension lectures	Nov.2024
5	Workshop on Yoga & meditation	Jan/ Feb 2025
6	Self- Defense workshops	Jan./ Feb/march 2025

Note- Apart from the above cited activities, students are required to be appeared in the thematic class tests to be organized time to time and to submit their assignments in the session 2024-25.

Objectives of the co- Curriculum activities: -

- To Strengthen the Confidence Level in the Students
- To develop a Competitive Culture
- To gain New Skills/Techniques
- To develop Quality of Leadership
- To develop human values through the contents of value-added course.
- To develop the quality of responsibility & discipline.

Teacher's Signature




Principal