

LESSON PLAN

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 6th semester (session 2023-24)
Subject: Psychology

January 2024

Applied Psychology: Meaning, History, Fields, and Careers in Psychology.
Organizational Psychology: Nature, Scope, Objectives, and Development.

February 2024

Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Programme.
Counselling: Need, Principles, Special Areas, and Types of Counselling.

March 2024

Health Psychology: Meaning, Scope and Objectives; Concept of Health and Illness.
Psychological Factors in Physical Illness, Life Style and Health, Stress and Coping.

April 2024

Forensic Psychology: Psychology and Law, Eyewitness Memory; Accuracy and Improvement.
Statistics: Correlation- Meaning, Rank Difference, and Product Moment Method.

Dr. Reema Bansal
Assistant Professor (Psychology)
RGGC Saha (Ambala)

PRINCIPAL
Rajiv Gandhi Govt. College, Saha
RGG College, Saha (Ambala)

LESSON PLAN

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 4th semester (session 2023-24)
Subject: Psychology

January 2024

Human Development: Concept and Principles
Factors in Human Development: Biological, Social and Cultural

February 2024

Prenatal Development: Determinants and Stages
Infancy: Characteristics, Hazards and Adjustment

March 2024

Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development
Adolescents: Characteristics and Problems of Adolescents and Adjustment

April 2024

Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems
Measures of Variability: Quartile Deviation, Standard Deviation

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