

OFFICE OF THE PRINCIPAL, RAJIV GANDHI GOVERNMENT COLLEGE SAHA (AMBALA)

NSS ACTIVITIES REPORT (2022-2023)

S.No.	Activity	Dated
1.	<b>'Entrepreneurship and Skill Development Program on 22/08/2022'</b> : Escorted NSS Volunteers to attend the 'Entrepreneurship and Skill Development Program' at Auditorium, Kurukshetra University. <b>05 volunteers participated in the event along with NSS PO.</b>	22/08/2022
2.	<b>Lecture on Balanced diet and Nutrition Organised on 07/09/2022</b> : Lecture on Balanced diet and Nutrition to stay healthy by Dr. Kamalpreet from Primary Health Centre, Saha (Ambala) to aware the NSS Volunteers to stay fit and healthy. NSS actively participated in the program. <b>40 volunteers participated in the event along with NSS PO.</b>	07/09/2022
3.	<b>Tree plantation drive</b> : Tree plantation drive was organized in the College Campus on 09/09/2022. NSS Volunteers actively participated in the drive. <b>50 volunteers participated in the event along with NSS PO.</b>	09/09/2022
4.	<b>Celebration of NSS Day in College on 24/09/2022:</b> <ul style="list-style-type: none"> <li>• NSS Song/Anthem to sung by all volunteers and staff</li> <li>• Lecture on "NSS and its Importance" by NSS PO</li> <li>• Lecture on " Prevention of Malnutrition and how to improve Nutrition" by NSS PO to celebrate "Rashtriya Poshan Maah" on 24/09/2022</li> <li>• Tree Plantation drive started on 24/09/2022 till 30<sup>th</sup> Sep 2022</li> <li>• Distribution of plants (saplings) to NSS Volunteers</li> <li>• <b>61 volunteers participated in the event along with NSS PO.</b></li> </ul>	24/09/2022
5.	<b>National Nutrition month :</b> NSS unit and Women cell of the College celebrated National Nutrition month by organizing: <ul style="list-style-type: none"> <li>• Essay writing competition,</li> <li>• Slogan Writing competition</li> <li>• Poster making competition on 28/09/2022.</li> </ul> Volunteers and other students of the College actively participated in the events. For Essay writing judges were Ms. Deepa and Ms. Ganeshwari, for Slogan writing competition, judges were Ms. Anuradha and Ms. Geetanjali and for Poster making competition, judges were Sh. Gurdev Singh Dev and Ms. Reema Bansal. <b>About 50 volunteers participated in the events</b>	28/09/2022
6.	<b>One day camp :</b> NSS unit of RGGC Saha organized One day camp on the eve of Gandhi Jayanti under the donnishness of Principal Smt. Renu Rishi, on 01/10/2022 to carry out Cleanliness drive in the College campus. First of all NSS PO delivered a lecture on Swachh Bharat Abhiyan. Then <b>63 NSS volunteers</b> actively participated in the Cleanliness drive and cleaned the College campus near Canteen area and the area behind Science block After that refreshment was given to NSS Volunteers	01/10/2022

7.	<p><b>Fit India Freedom Run:</b> NSS Unit of the College, in collaboration with Department of Chemistry, has organized a Fit India Freedom Run of 3 Kms on 04/10/2022 with the theme "Azadi ke 75 saal, fitness rahe bemisaal" from the College to Village Saha and back. All Volunteers participated actively in the Fit India Campaign on 04/10/2022 at 9:30 A.M. <b>31 volunteers participated in the event along with NSS PO.</b></p>	04/10/2022
8.	<p><b>State level Pre RD Trial :</b> NSS Volunteer Ushida participated in State level Pre RD Trial organized at CCSHAU Hisar on 07/10/2022 at 9:30 AM</p>	07/10/2022
9.	<p><b>Clean India Campaign 3.0 in the College Premises :</b> NSS Unit of the College has organized Clean India Campaign 3.0 in the College Premises on 14/10/2022 and Collected 38 Kg of plastic weight from the College Building as well as lawns and grounds. NSS volunteers actively participated in the activity and taken oath to do such activities and aware others not to spread plastic. <b>38 volunteers participated in the event along with NSS PO.</b></p>	14/10/2022
10.	<p><b>Clean India Campaign 3.0 in the Primary Health Centre :</b> NSS Unit of the College has organized Clean India Campaign 3.0 in the Primary Health Centre, Saha (Ambala) on 15/10/2022 and Collected 7.2 Kg of plastic weight from the PHC building and ground area. NSS volunteers actively participated in the activity and aware the people there about plastic pollution. <b>48 volunteers participated in the event along with NSS PO.</b></p>	15/10/2022
11.	<p><b>Clean India Campaign 3.0 at Home:</b> NSS Volunteers of Rajiv Gandhi Government College Saha Ambala collected the plastic waste at their homes/ native places and nearby areas on 16/10/2022 and aware the people about hazards of plastic pollution. <b>42 volunteers participated in the event along with NSS PO.</b></p>	16/10/2022 (Sunday)
12.	<p><b>Clean India Campaign 3.0 at Bajigar Majri (Basti), Saha (Ambala):</b> NSS Unit of the College has organized Clean India Campaign 3.0 at Bajigar Majri (Basti), Saha (Ambala) on 17/10/2022 and Collected 25.200 Kg of plastic weight from the slum area. NSS volunteers actively participated in the activity and aware the people about hazards of plastic and micro plastic <b>About 36 Volunteers participated in the event.</b></p>	17/10/2022
13.	<p><b>Mega Swachhata Abhiyaan</b> NSS PO accompanied NSS Volunteers to SD College for participating in Mega Swachhata Abhiyaan on 19/10/2022. <b>07 NSS Volunteers</b> participated in the event actively and contributed in collecting the single use plastic from nearby areas. Swachhata Rally was also organized to aware the people about plastic hazards</p>	19/10/2022
14.	<p><b>National Unity Day Celebration:</b> NSS Unit organized following activities on 29/10/2022 to celebrate National Unity Day:</p> <ul style="list-style-type: none"> <li>• Unity Pledge</li> <li>• Reading the Preamble of the Constitution</li> </ul>	29/10/2022

	<ul style="list-style-type: none"> <li>• Reading the Article 51 A (Fundamental Duties)</li> <li>• Lecture on life of Sardar Vallabhai Patel</li> <li>• Fit India Unity Run 2.0</li> </ul> <p>29 volunteers participated in the event along with NSS PO.</p>	
15.	<p><b>National Unity Run on 31/10/2022:</b> NSS unit of RGGC Saha observed National Unity Run to celebrate the National Unity Day and birth anniversary of Sardar Vallabh Bhai Patel. NSS Volunteers actively participated in the activity and awared the people about Unity of the people to strengthen the nation by chanting Unity Slogans. Unity Run was started from RG Govt College Saha to Bajigar Basti and then back to College 33 volunteers participated in the event along with NSS PO.</p>	31/10/2022
16.	<p><b>Swachhata Abhiyan:</b> NSS Volunteers and other students of the College participated in the Swachhata Abhiyan on 15/11/2022 organized by NSS unit of the College to clean the College Campus About 100 students/ volunteers participated in the event along with NSS PO.</p>	15/11/2022
17.	<p><b>NATIONAL INTEGRATION CAMP:</b> Mr. Mandeep Singh escorted 13 NSS Volunteers of Kurukshetra University to BRCM Institute, Bahal, Bhiwani from 23/11/2022 to 29/11/2022 for participating in National Integration Camp and representing Kurukshetra University Kurukshetra at NIC. Mandeep Singh worked as Mentor of Bhikaji Cama Group in the National Integration Camp and NSS Volunteer Vanshika worked as Group Leader of the group.</p>	23/11/2022 to 29/11/2022
18.	<p><b>Webinar on Animal Rights Awareness Drive:</b> NSS units of Kurukshetra University organizes a webinar with Vegan Outreach. NSS PO Mandeep Singh of NSS Unit of RGGC Saha got Certificate of Appreciation in recognition of helping in organizing Animal Rights Awareness Drive on 08/12/2022. 57 Volunteers of RGGC Saha participated in the webinar.</p>	08/12/2022
19.	<p><b>One day NSS Camp:</b> NSS unit of RGGC Saha organized One day camp in the presence of Chief guest Principal Smt. Renu Rishi, on 20/12/2022 to carry out Cleanliness drive in the College campus. First of all NSS PO delivered a lecture on “Swachhata: One step towards Cleanliness”. Then 50 NSS volunteers actively participated in the Cleanliness drive and cleaned the College campus near main gate and the area near Playground. After that refreshment was given to NSS Volunteers</p>	20/12/2022
20.	<p><b>Distribution of Banners and Stickers under Nasha Mukta Bharat Abhiyan on 03/01/2023:</b>  Banners were strategically placed throughout the college, and NSS volunteers and other students were encouraged to abstain from drug use and educate others about the hazards of drugs, such as drugs can cause dependence and addiction, accidents and injuries, health problems, sleep problems, etc. Honorable Principal Smt. Renu Rishi presided over the programme and inspired the students to raise public awareness by giving a</p>	03/01/2023

	motivational lecture. Students and staff members took oath not to use drugs and to encourage others to do the same. Finally, students received stickers to put outside their homes to aware and warn neighbours about the dangers and hazards of drugs. <b>28 Volunteers actively participated in the activity.</b>	
21.	<b>Two Days National Level Online Quiz Competition on National Youth Day: 25 Volunteers</b> of NSS RGGC Saha participated in the quiz organized by Babu Anant Ram Janta College, Kaul (Kaithal) on 11-12 <sup>th</sup> Jan-2023 and two volunteers Ajay and Anu score 75 out of 75 in the Quiz	11/01/2023 to 12/01/2023
22.	<b>National Youth Day and Inaugural of National Youth Festival at Hubli-Dharwad Karnataka (12/01/2023):</b> NSS PO and <b>six Volunteers</b> watched/participated online in the inaugural of National Youth festival	12/01/2023
23.	<b>Road Safety Week (RSW) (11-17 January 2023):</b> A pledge ceremony conducted on 17 <sup>th</sup> Jan 2023 under which students took pledge to follow the Road Safety Guidelines and to educate their near and dear about the road safety rules. <b>About 50 Volunteers took part.</b>	17/01/2023
24.	<b>WEBINAR ON “ DRUG ABUSE, ILL EFFECTS OF DRUGS USAGE &amp; HOW WE CAN SAVE YOUTH” (01/02/2023) :</b> On the subject of "Drug abuse, Ill Effects of Drug Usage, and How to Save Youth", NSS PO organized a webinar and gave a lecture. On the evening of February 1st, 2023, from 6:15 pm to 7:00 pm, about 30 volunteers took part in the webinar. Through a Power Point presentation during a webinar, volunteers were given information about drugs, the distinction between drugs and medications, how youth became involved in drug use, the issues they face after becoming addicted to drugs, how we can prevent drug use, how we can educate our youth about hazards of drugs, and how our youth can aware others etc. <b>About 30 volunteers participated in the webinar</b> Volunteers learn essential knowledge regarding drug abuse, drug addiction, and drug dependency, as well as how to prevent young people from engaging in such drug-related activities. Youth volunteers took an oath to educate others about the negative consequences of drugs and assist drug users in quitting their use. <b>INFORMATION COLLECTION ABOUT DRUG ADDICTS:</b> Volunteers were encouraged to gather data about drug addicts in their community and on college campus. Google form was provided to Volunteers to collect the information. <b>54 Volunteers participated in the activity.</b> No student/youth in College is consuming any drug. Also in the area near the College i.e. different villages in the vicinity of the College/ neighborhood of Volunteers are found free of drug addicts.	01/02/2023 (webinar) And Information collection activity from 01/02/2023 to 06/02/2023
25.	<b>Road Safety Events (Essay, Slogan Writing, Poster making, Quiz):</b> Road Safety Awareness Club in collaboration with NSS Unit of the College organized Essay Writing competition, Slogan writing competition, Poster making competition and Quiz on 27/01/2023 on Road safety and First aid. Volunteers actively participated in the event. <b>About 40 Volunteers</b> were present during the events	27/02/2023
26.	<b>Annual Sports meet:</b>	01/03/2023

	<p>NSS volunteers actively participated in various events organized by Sports committee in Annual Sports Meet on 1<sup>st</sup> March 2023 and won the prizes. Nikita of B.A. 2<sup>nd</sup> year won Gold medal in Discus throw, Gold medal in Relay Race and Bronze medal in Shot put. Natasha of BA 2<sup>nd</sup> year won Silver medal in Shot put and Discus throw. <b>About 60 Volunteers</b> participated in the events. NSS Volunteers also helped in maintaining discipline in the College during Sports meet.</p>	
27.	<p><b>NSS SPECIAL SEVEN DAY AND NIGHT CAMP (13-19<sup>th</sup> March 2023):</b>  <b>13<sup>th</sup> March:</b>  <b>Inaugural of the Camp:</b> Inauguration of Camp by Chief guest: Dr. Vikas Sharma, MBBS, In-charge of Primary health Centre inaugurated the NSS Seven Day Special Day and Night Camp, He was welcomed by NSS Programme Officer on behalf of the NSS Unit of the College and NSS Volunteers, Swagat Song was sung by volunteers and NSS Song was sung by all the teachers/ Colleagues/ Chief Guest and Volunteers present in the hall during inauguration. After that Chief guest shared his experiences and motivated the volunteers. Dr. Vikas Sharma also offered a training course for the volunteers from PHC Saha, Volunteers have shown a keen interest in the training program and will get it after the camp. After that NSS Volunteers started introducing themselves and sharing their experiences of previous camps.  <b>NSS PO gave introduction of NSS, its Objectives and theme of the camp was discussed in detail by NSS PO with the Volunteers. Students were motivated by NSS PO to do community services.</b>  <b>NSS PO formed the groups of the Volunteers and divided the work by means of committees.</b>  <b>Five groups i.e. Chander Shekhar Azad Group, Bhagat Singh Group, Rani Lakshmi Bai group, Sukhdev Group and Rajguru Group were formed. After that NSS PO discussed the plan of NSS Camp with volunteers.</b>  <b>Cleanliness drive in College:</b> Volunteers actively participated in the Cleanliness drive. Chander Shekhar Azad and Bhagat Singh Group started the cleanliness drive in College building and the remaining three groups cleaned the outer area of the College i.e. Parks and ground.  <b>14<sup>th</sup> March</b>  <b>Motivational Lecture by expert:</b> Sh. Jagmohan Chautani ji was the chief guest on second day. He was welcomed by NSS PO and Volunteers. He discussed the media and journalism with volunteers and motivated them to do the social work. He also discussed how volunteers can make their career in journalism.  <b>After that NSS PO discussed the importance of the NSS with the Volunteers. Dr. Sukhbir ji also gave a motivational lecture to Volunteers on hurdles in life and how to overcome them.</b>  <b>Road Safety Rally and Cleanliness drive in Saha:</b> After motivational lectures, volunteers took part in Road Safety Rally. Rally was started from RGGC Saha to Village Saha, Volunteers gave slogans and awared the people about the road safety rules.  <b>After that volunteers actively participated in the Cleanliness Drive in Jalghar in Village Saha and cleaned the area.</b></p>	<p>13/03/2023 to 19/03/2023</p>

Poster making competition, on topics: (Atmanirbhar Bharat, Pollution Free India, Environmental Degradation, Follow the Traffic rules, Save the Environment, Women Empowerment), Lecture on Environment by NSS PO  
Slogan Writing competition, on topics: (Atmanirbhar Bharat, Pollution Free India, Environmental Degradation, Follow the Traffic rules, Save the Environment, Women Empowerment)

**15<sup>th</sup> March**

Cleanliness drive was performed by 50 Volunteers in Primary Health Centre, Saha. The work was appreciated by Dr. Vikas, In-charge of PHC Saha. Then a lecture on Environmental degradation and its impact was delivered by NSS PO

Traffic Rules were discussed by Chandershekhar Azad Group and First Aid was discussed by members of Bhagat Singh Group.

A motivational lecture that was much appreciated by all Volunteers was delivered by Professor Gurdev Singh.

Essay Writing competition, on topics: (Atmanirbhar Bharat, Pollution Free India, Environmental Degradation, Follow the Traffic rules, Save the Environment, Women Empowerment)

**16<sup>th</sup> March**

Tree Planatation drive was carried out in PHC Saha. Then Volunteers moved to Block Development Office, Saha and Cleanliness drive was performed. All Volunteers actively participated in the cleanliness drive.

Then NSS PO along with Sh. Nitin Kumar Verma and some Volunteers moved to Village Magarpur of Shahzadpur Block and did the Socio economic Survey in Village Magarpur. Remaining Volunteers participated in Debate Competition.

Motivational lecture by Experts:

Sh. Ranbir Singh, Assistant Professor of English delivered a lecture on Road Safety Awareness and motivated the Volunteers to aware others. Then Sh. Sunil, Assistant Professor of Political Science delivered a motivational lecture and encouraged the volunteers not to take drugs and aware others. Group Discussion was carried out among all groups of Volunteers.

**17<sup>th</sup> March**

Awareness Rally on Pollution Free India was started from RGGC Saha to Shri Krishan Mandir, Village Saha, Volunteers chanted slogans to aware the people. Volunteers cleaned the Shri Krishan Mandir. Care taker of temple Shri Satpal Chautani and Sarpanch of Village Shri Yogesh Batra remained there during the Cleanliness drive and praised the work culture of Volunteers. After that volunteers performed Nukkad Natak in Village Saha to aware the people about the bad effects of Pollution and to make India clean and green. Some Volunteers did Survey in Village Magarpur of Block Shahzadpur.

Sh. Nitin Kumar Verma delivered lecture on Personality development to Volunteers and shared his own experiences of NSS  
Volunteers participated in Declamation contest.

	<p>Traffic rules awareness lecture was delivered by NSS PO Sh. Mandeep Singh, thereafter Cultural activities were performed. NSS song practice was done by NSS Volunteers</p> <p>18<sup>th</sup> march</p> <p>Motivational Lectures: Ms. Geetanjali, Assistant Professor of Eng delivered a lecture on Women Empowerment and Cancer Awareness, then Ms. Natasha gave a speech on Organic Farming and volunteers promised to aware others about the same, thereafter Ms. Chanchal delivered a lecture on financial Literacy.</p> <p>Sh Pravesh and team members of ICICI enhanced the knowledge of Volunteers by delivering lectures on Banking, ICICI School to get jobs of Clerks and POs, Patriotic songs singing and poems</p> <p>Rally on Drug De-addiction was started from RGGC Saha to Bajigar Basti, Saha. In Bajigar Basti, volunteers planted trees also. Then Rally came back to College.</p> <p>Cultural activities were done at last.</p> <p>19<sup>th</sup> March</p> <p>Presentation of camp report by NSS PO</p> <p>Closing of camp by Chief Guest's Motivational lecture</p> <p><b>50 Volunteers participated in NSS Special Camp.</b></p>	
28.	<p><b>Road Safety Awareness Seminar at GCW Ambala City:</b> NSS PO Sh. Mandeep Singh, Sh. Nitin Kumar Verma and four NSS Volunteers i.e. Manish, Hardik, Sushil and Gurpreet joined the Road Safety Awareness Seminar at GCW Ambala City on 25/03/2023. Sh. Joginder Kumar, SHO Traffic Police Ambala shared the important information about road safety. Sh. Chand Singh, Associate Professor from DAV College, Ambala City also shared his experiences and delivered lecture on Road Safety and its importance. Thereafter Sh. Harmesh Chand, District Training Officer from St. John Ambulance Association, Ambala provided necessary informative training on First Aid.</p> <p><b>Total 04 Volunteers participated in the seminar.</b></p>	25/03/2023
29.	<p><b>NSS One Day Camp: Teeth and Anaemia Checkup:</b> NSS Unit of the College organized One Day Free Camp for Anaemia and Teeth Checkup on 05/04/2023. <b>50 girls</b> were checked up for Anaemia and more than <b>100 students</b> were checked up for teeth problems. Dr. Khushdil Chhabra, Dr. Bharti Kakkar and Dr. Jasbir Kaur were in the medical team deputed by Dr. Vikas Sharma, Incharge, Primary Health Centre, Saha. Team provided the necessary medication to the students who were found anaemic and having problems in teeth. Sh. Mandeep Singh was the Camp Convener.</p>	05/04/2023
30.	<p><b>Lectures on Dr. Bhimrao Ambedkar and Jaliawala Bagh Massacre:</b> NSS unit of the College in collaboration with Important Day Celebration Committee and Department of Pol Science organized lectures on 13/04 2023 on Dr. Bhim Rao Ambedkar and Jaliawal Bagh Massacre.</p>	13/04/2023



	<p>First of all, Dr. Chiman Lal from SD College Ambala Cantt delivered highly appreciating lecture on Dr. Bhimrao Ambedkar and then NSS PO Mandeep Singh delivered a lecture on Jaliawala Bagh Massacre.</p> <p><a href="#">About 100 NSS Volunteers participated in the event.</a></p>	
31.	<p><b>Income updating via Family Id in collaboration with BDPO:</b>          Officials from BDPO, Saha came to College and NSS Volunteers helped them in updating the income of people via Family Id by using their smart mobiles on 21/04/2023</p> <p><a href="#">About 15 NSS Volunteers participated in the event</a></p>	21/04/2023
32.	<p><b>Voluntary Blood Donation Camp:</b>          NSS unit of Rajiv Gandhi Government College Saha, Ambala in collaboration with NCC, RED CROSS CLUB of the college and Organisation for social and Cultural Awareness organised One day Blood Donation Camp on 26th April 2023.</p> <p>Hon'ble SDM, Ambala Cantt, Sh. Satinder Siwach was the Chief guest and Sh. Chanderpal Punia founder of OSCA was the Special Guest.</p> <p>More than 100 students registered for blood donation. <a href="#">Total 39 blood units were collected in the camp.</a></p> <p>Dr. Virender Bharti led the team of Red Cross Society, Ambala, to collect the blood unit from blood donors.</p> <p>All staff members and Madam Principal Smt. Renu Rishi remained present during blood donation camp.</p>	26/04/2023
33.	<p><b>One Day Camp for National Youth Survey in Village Saha:</b>          NSS PO Mandeep Singh, Ms. Neelam and NSS Volunteers surveyed the Village Saha for collection of data for "National Survey of Youth not in Formal Education or Regular Employment".</p> <p>NSS Volunteers of the College surveyed more than 200 families in a One day camp organized on 28/04/2023. About 150 households were found to be unsuitable for this survey due to various reasons like persons were found overage/ studying/ regular service etc.</p> <p>There was a total of 70 families who were included in the survey and whose information was gathered from Village Saha and the hard copies were submitted to Dr. Anuradha, MDS College, Ambala.</p> <p><a href="#">Total 34 Volunteers participated in the survey.</a></p>	28/04/2023
34.	<p><b>SAHA INDUSTRIAL VISIT:</b>          NSS Unit of the College in collaboration with Department of Chemistry of the College organized Industrial Visit for students in Saha Industrial Area on 10/05/2023 to experience industries work and interact with Industrial expertise.</p> <p>Students visited Alpine Biomedical Industry, Grace Scientific Corporation and Supertek Industry and learned practically about Biomedical kit preparation, Electronic circuit designing and making and watched Glass Blowing work.</p>	10/05/2023



	<b>Total 08 students/volunteers participated in the industrial visit</b>	
35.	<b>Socio Economic Survey:</b> <b>Seven Volunteers</b> participated in the Socio Economic Survey on 27/05/2023 and call the people to get their details related to their occupation status and date of birth etc.	27/05/2023
36.	<b>World Environment Day (05/06/2023):</b> <b>NSS Unit of the College organized following activities:</b> <ol style="list-style-type: none"> <li>1. Yoga Activity</li> <li>2. Tree Plantation to celebrate World Environment Day (05/06/2023)</li> <li>3. Lecture on “Climate Change, Plastic Pollution, its hazards and Sustainable Development” by NSS PO under the theme “Beat Plastic Pollution” to celebrate World Environment Day</li> </ol> <b>Total 08 Volunteers participated in the events</b>	05/06/2023
37.	<b>Yoga Activity:</b> NSS Volunteers did Yoga activity in the morning from 06 <sup>th</sup> June 2023 to 21 <sup>st</sup> June at their Home and shared the pics	06/06/2023 to 21/06/2023
38.	<b>Yoga Activity Pilot Rehearsal:</b> Pilot Rehearsal of Yoga Protocol in collaboration with AYUSH is organized at Rajiv Gandhi Government College Saha (Ambala) on 19 <sup>th</sup> June 2023 from 5:30 am to 8:30 am along with Competitions among Children of age group 1 to 10 years and second age group of 1 to 60 years. <b>About 60 NSS Volunteers participated in the Yoga Rehearsal.</b>	19/06/2023
39.	<b>International Yoga Day:</b> Block Level Event for International Yoga Day (21 <sup>st</sup> June 2023) was organized successfully in Rajiv Gandhi Government College Saha (Ambala) in collaboration with AYUSH. Sh. Krishan Kumar, Block Education Officer was the Chief Guest for the event. Teachers, students, NSS Volunteers actively participated in the Yoga Event that was started at 6:00 am with the dazzling words of hon’ble Prime Minister Sh. Narendra Modi about Yoga and its importance. <b>About 400 participants from nearby schools, PHCs etc. and 80 NSS Volunteers participated in the Yoga Day activities.</b>	21/06/2023