

**OFFICE OF THE PRINCIPAL RAJIV GANDHI GOVT. COLLEGE SAHA, AMBALA**

**ACTIVITY REPORT OF NSS UNIT 2021-22**

1. **Covid-19 Intensive Awareness Programme:** - 01 July 2021 to 31<sup>st</sup> July 2021 Covid-19 Intensive Awareness Programme was organized by NSS Unit in various villages such as in Saha and Dhakola. The aim of this programme was to aware people about cleanliness, wearing mask, sanitization among villagers through social media campaign and mask were distributed.

2. **Tree plantation:** - Van Mahotsav week was organized and celebrated in Rajiv Gandhi Govt. College Saha from 1<sup>st</sup> July to 30th July 2021 by NSS Unit. In this series we planted 100 plants in Saha village, in their own villages and also distributed in the villages.

3. **Jal Shakti Abhiyan (Water Conservation)** was carried out.

- (i) Pledge Ceremony
- (ii) Awareness lecture on Water Conservation

Fit India Freedom Run 2.0:- Seven Day Run Programme was carried to sensitize teachers and students to maintain fitness.

Swachhata Pakhwara (Cleanliness Fortnight):- Swachhata Pakhwara was organized in our college from 01 August 2021 to 15 August 2021. The following activities were carried out:-

- (i) Tree Plantation
- (ii) Cleanliness Awareness Program
- (iii) Cleanliness Drive in College
- (iv) Covid-19 Vaccine Awareness Programme
- (v)

4 **Independence Day Celebration:-** NSS Volunteers actively participated and celebrated Independence day program organized in our college on 15 August 2020 and do cleanliness work in the college during one day camp.

One Day NSS Camp:- One Day NSS Camp was organized in college campus under Azadi ka Amrut Mahotsava

Covid Vaccination Camp:- Two days Covid Vaccination Camp camp was organized in college campus 27-28 August 2022. NSS volunteers performed various duties assigned beside getting themselves vaccinated.

5. **Covid-19 Awareness Campaign:-** covid-19 campaign through social media and physically was carried out. Masks were distributed among villagers and migrants, labor workers.

6 **National Nutrition Month:** National Nutrition month was celebrated from 01 Sep.2020 to 30 Sep.2020. Nutrition Awareness programmes were carried out in college campus as well as through social media about nutrition issues, obesity& eating disorder other nutrition related issues.

Sl No	Activities	Dates
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(i)	Tree Plantation Drive in the college to build a Poshan Vatika	1-7 September 2021
(ii)	Yoga and Ayush for Nutrition (Special Awareness Camp of prevention of Anaemia among women)	8-14 September 2021
(iii)	Awareness Drive on Nutritious food for pregnant women	15-21 September 2021
(iv)	Awareness Campaign on importance of regional/ local food	22-27 September 2021
(v)	Walk for health	28-30 September 2021

Anemia Camp for Girls Students: - An anemia camp was organized in college camps on 18 September 2021 with the help of Primary Health Centre Saha. Above 100 girls volunteered for check up. Nutritious fruits and recommended medical supplements were distributed.

Health Awareness Camp: A Health Awareness Camp was organized with the help of Women and Child Development Centre Saha Ambala on 20 September 2021 under Azadi ka Amrit Mahotsava. WCDPO representatives gave lectures on the topic nutritious food for girls as well as for pregnant ladies.

Celebration of NSS Day:- NSS day was celebrated in Multipurpose Hall of the college on 24 September 2021. Various programmes were organized during celebration:

- (i) A lecture on Role of Youth in Nation Building
- (ii) Slogan writing on Suposhit Bharat
- (iii) A lecture on the aims and objectives of NSS

8 **Communal Harmony Day:** Communal Harmony Day was celebrated in our college on 30 October 2021. A pledge ceremony was organized.

9 **National Unity Day:** - National Unity Day was celebrated in the college on dated 31 October 2021 through online mode.

11. **Constitution Day Celebration:** - The constitution day was celebrated on dated 26 Nov. 2021. A lecture was organized on this topic. Our principal addressed the volunteers about the importance constitution and the role of Dr. Ambedkar in preparing Indian Constitution.

12. **AIDS World AIDS Day Fortnight:** - NSS Unit and Red Cross Club of this college are organizing World AIDS Day Fortnight activities 1<sup>st</sup> to 15 December 2021.

- (i) Awareness Lecture and Discussion on HIV(AIDS), TB and VBD was carried out by Dr Vikas SMO with volunteers of NSS Unit, Red Cross Club and other students of the college.

(ii) A poster making competition was organized on Awareness on HIV(AIDS) on 13 December 2021.

One Day NSS Camp:- One Day NSS Camp was organized on 04 December 2021 prior to Antodaya Mela organized by DC Ambala in college campus on 06 -07 December 2021. Cleanliness drive was carried out in college along with motivating people to come and gain knowledge about Antodaya Schemes.

**13 National Road Safety Week:** - Organized and celebrated Road Safety Week in the college and awareness programme were organized from 11 January 2022 to 17 January 2022.

- (i) Awareness related to Helmet.
- (ii) Awareness about don't drink and drive.
- (iii) Drawing competition on Road Safety

**14 National Youth Day:-** On the occasion of birth anniversary of Swami Vivekanand national youth day was celebrated on in the college. Sh. Satpal , Principal of the college was the chief guest. He motivated the students that we should take inspiration from Vivekananda ji. One should have strong burning desire and goal in his/her life.

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**16 National Girl Child Day** was celebrated on 24 January 2021 and awareness campaign was organized in Saha Village.

**17 National Voter Day:** National Voters Day was celebrated in our college on 25.01-2021. A Lecture was organized on the "National Voters Day", Responsibilities of Youth as Voters. Principal of the college, Prof. Satpal Singh motivated the students to cast their vote in every election. It is moral duty of citizens to participate in electoral process to strengthen democracy in our country. NSS Programme Officer highlighted the key points related to voter's day that we must cast our vote in every election fearlessly and without being influenced by considerations of religion, caste, race, community etc. Every responsible citizen of this country needs to be a alert voter. Now it's Youth's duty to follow constitutional values and spread awareness among people.

Voters' day Pledge was also organized. Dr. Sukhbir read out the pledge. All the volunteers, students and teachers were present at that time. Main aim of this celebration was to spread awareness among students and general public and to promote electoral participation.

**18 Celebration of Republic Day:** - Republic day was celebrated in our college on 26 January 2022 with patriotic fervour. A cleanliness drive of one day was organized in the college. Nss volunteers perform cultural activities during the function.

19 National Martyr Day: - NSS unit of the college observed National Martyr Day on 30 January 2022 in the memory of the martyrs who scarified their lives in the freedom struggle of the nation, a two-minute silence was observed. The following Lectures were delivered:-

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| (i)   | Remembering the Heroes of Freedom Struggle                 | Sh. Sunil Kumar  |
| (ii)  | Importance of National Unity and Integrity                 | Dr Sukhbir Singh |
| (iii) | Role of Youth in enhancing National Unity<br>And Integrity | Sh. Ranbir Singh |
| (iv)  | Address of Worthy Principal                                | Sh. Satpal Singh |

20 **Anti- Tobacco:** - Rajiv Gandhi Govt College Saha, Ambala is a tobacco free zone. The institution abides by all the guidelines issued by the Government and takes all necessary steps to warn/aware about ill effects of tobacco. We also organize awareness program to spread awareness among people of Saha not to use any form of tobacco.

**Seven Days Special Camp:-** Seven Days Special Camp was organized in Village Saha from 09 February 2020 to 15 February 2022. In this Special camp village Saha was adopted. In inaugural session chief guests were Dr. Vikas SMO, PHC Saha, renowned journalist Sh. Jagmohan Chotani. They praised the entire NSS Unit for their active participation and contribution for social change. Many cleanliness drives were organized in this village. Awareness campaign on various topics such as Beti Bachao Beti Padha, Swachh Bharat, Aids Awareness and Digital India were organized during this camp. First Aid and Home Nursing Training lectures by Professionals were also conducted for volunteers' better learning. It was a day and night camp so Volunteers along with NSS Programme officer stayed in the college. In closing ceremony Dr. Gurudev Singh Dev, Associate Professor of Govt College Ambala was the main speaker who highlighted the moto of NSS and the role of youth in 21<sup>st</sup> century and he also talks about scientific temperament.

**Annual Sports Meet:** - Annual Sports Meet was held in the college on 21 February 2022. NSS volunteers performed various duties assigned to them and also participated in various events enthusiastically.

**Participation of NSS Volunteers in State University Level Camp:-** Five Female and three male NSS Volunteers of the college participated in University Level Seven Day & Night Camp at SA Jain College Ambala City from 24.03.2022 to 30.03.2022. NSS Volunteer Ms Neha Rani and Ms Jyoti won first prize in Skit on Culture of Haryana and Group Dance Respectively.

**Participation of NSS Volunteers in National Integration Camp:-** Two Female and one male NSS Volunteer of the college participated in National Integration Camp held at Maharishi Markandeshwar University, Mullana, Ambala from 22.03.2022 TO 28.03.2022.

*Jag*

*Seen*

*Satpal Singh*  
13/5/2022