

LESSON PLAN

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 1st semester (session 2023-24)
Subject: Psychology

JULY 2023

Introduction: Nature and scope of Psychology, Psychology as a science and present status.

AUGUST 2023

Psychology in India.

Attention: Nature and characteristics

Methods to study behaviour: Interview, case study and experimental

SEPTEMBER 2023

Emotion: Nature, factors affecting, Theories of Emotion: James-Lange, Cannon-Bard and Schachter – Singer

Motivation: Needs, drives, incentives, Biological and social Motives

OCTOBER 2023

Personality: Nature, factors affecting and theories: Allport, Cattell and Eysenck

Intelligence: Nature, factors affecting and theories: Spearman, Thurstone, and Cattell

NOVEMBER 2023

Sensation: Nature, characteristics and types. Structure and functions of Visual and Auditory sensation

Revision

Dr. Reema Bansal
Assistant Professor (Psychology)
RGGC Saha (Ambala)

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Rajiv Gandhi Govt. College Saha
RGG College, Saha (Ambala)
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LESSON PLAN

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 3rd semester (session 2023-24)
Subject: Psychology

JULY 2023

Introduction to Social Psychology: Nature, Subject matter

AUGUST 2023

Sociometric method
Socialization: Nature, Process and Agents of socialization
Group: Types and Functions

SEPTEMBER 2023

Social norms: Meaning, Characteristics and Formation
Leadership: Types, Function, Theories – Trait, Situational and Interactional
Attitudes: Characteristics, Development and Attitude change

OCTOBER 2023

Prejudice: Nature, Development and Stereotypes
Prosocial behavior: Nature, Determinants, Cognitive model

NOVEMBER 2023

Aggression: Nature, Determinants and Prevention
Revision

Reema

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LESSON PLAN

Name of the Assistant Professor: Dr. Reema Bansal
Class: BA 5th semester (session 2023-24)
Subject: Psychology

JULY 2023

Concept of Normality and Abnormality

AUGUST 2023

Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive
Need for Classification of Psychopathology, DSM System

SEPTEMBER 2023

Diagnostic Assessment: Case History, Interview, Projective Techniques
Anxiety based Disorders: GAD, OCD and Phobic disorders – Symptoms and Causes

OCTOBER 2023

Substance/Drug abuse – Causes, Consequences and Rehabilitation
Mood disorders: Unipolar and Bipolar – Symptoms and causes

NOVEMBER 2022

Schizophrenia: Nature, Types and Causes
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